

OxForward

The Wellbeing & Employment Support Service in Oxfordshire









OxForward is a new programme for adults living in Oxfordshire, who want to connect to the community, meet new people and find work. **What we do:**

- **Listen** to you and take the time to understand your life, your needs and your goals.
- Give you a **personal Caseworker** who will support you and help you to progress.
- Build a **Circle of Support** around you. This will include all the people who you want to work together to help you reach your goals.
- Work with specialist organisations such as, the Royal Mencap Society and OXSPA (Oxfordshire Sport and Physical Activity) to provide you with even more opportunities and activities.
- Offer advice on health and wellbeing.
- Give you access to sports activities, like, swimming, badminton and football, just to name a few.
- Provide **support services** and **activities** that will help build your confidence, let you meet new people and gain skills.
- Help you build skills for successful jobsearching.
- Source **volunteering** opportunities and **paid work**.
- Work with employers to get the right **workplace support** to help you succeed.

Contact us

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